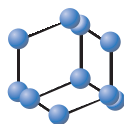
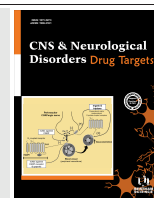


SYSTEMATIC REVIEW ARTICLE

BENTHAM
SCIENCE

Impact of Cannabis-Based Medicine on Alzheimer's Disease by Focusing on the Amyloid β -Modifications: A Systematic Study



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Abstract: Deposition of Amyloid-beta ($A\beta$) peptide in the brain is the leading source of the onset and progression of Alzheimer's Disease (AD). Recent studies have suggested that anti-amyloidogenic agents may be a suitable therapeutic strategy for AD. The current review was proposed to address the beneficial effects of cannabis-based drugs for the treatment of AD, focusing primarily on $A\beta$ modifications. Keywords related to AD, $A\beta$, and cannabis-based on MeSH were identified and were searched in PubMed, Google Scholar, Scopus, Ovid-Medline, and Web of Science from inception until 15 March 2020. The full text of identified papers was obtained and assessed based on exclusion and inclusion criteria. The review is based on articles that have focused on AD and the amyloidogenic pathway. A total of 17 studies were identified based on the inclusion criteria; however, nine studies qualified for this systematic review. The maximum and minimum cannabis dosages, mostly CBD and THC in animal studies, were 0.75 and 50 mg/kg, respectively. Cannabis (CBD and THC) was injected for 10 to 21 days. The findings of the 9 articles indicated that cannabis-based drugs might modulate $A\beta$ modifications in several AD models. Our findings establish that cannabis-based drugs inhibited the progression of AD by modulating $A\beta$ modifications.

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1. INTRODUCTION

Alzheimer's Disease (AD) is one of the critical age-related neurodegenerative diseases and the leading cause of cognitive dysfunction globally [1]. The incidence rate of AD is increasing [2].

The incidence of AD and other types of dementia is estimated to reach 82 million in 2030 and 152 million in 2050 [3, 4]. Much of this elevation is related to the people from low- and middle-income countries. Thus, numerous studies

have been focused on identifying the etiology and treatments for AD. There are multiple factors involved in the progression and origin of AD that has yet to be fully understood [5].

One of these factors is the amyloid-beta ($A\beta$), which acts as a primary function in the progression and initiation of AD [6]. $A\beta$ is generated *via* the proteolytic reaction of Amyloid Precursor Protein (APP), which processed by two enzymes secretases, including β and γ [7]. $A\beta$ deposition in the brain is considered as an early toxic pathogenesis event of AD, in which over-production of $A\beta$ or impairment in its removal is a critical factor in the progression and origin of AD [8]. However, several clinical investigations based on anti-amyloidogenic therapies have shown a mild benefit for these

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therapies regarding cognitive impairment, even though some of them have shown a dramatic decrease in brain levels of A β [9, 10]. On the contrary, some of these therapeutics agents may accelerate AD progression [10, 11].

Despite controversial findings of the amyloidogenic-based therapies, accepting or rejecting this strategy for the treatment of AD is still debatable. Hence, many pre-clinical and clinical research has been designed to discover the impact of novel natural and chemical therapeutic agents against A β production and deposition [12-15].

Cannabis or marijuana is a psychoactive agent that is extracted from Cannabis plants' leaves and flowers. This plant belongs to the Cannabaceae family and includes four species: *Cannabis ruderalis*, *Cannabis afghanica*, *Cannabis indica*, and *Cannabis sativa* [16]. Crossbreeding occurs between these species; thus, all of them are included in Cannabis sativa as one classification [16]. Chemical compounds in cannabis are known as cannabinoids, and among them, Cannabidiol (CBD) is the main ingredient. Generally, cannabinoid-based plants are divided into five categories. Category I contains plants with high levels of Δ^9 -THC; category II are plants with an equal amount of psychoactive and non-psychoactive cannabinoids; categories of III and IV are comprised of high amounts of non-psychoactive cannabinoids and very low levels of psychoactive compounds; category V is not composed of cannabinoids [16]. Cannabis has two classes, including drug-type and the fiber-type for both medicinal and forensic applications. The drug-type of cannabis has a high amount of psychoactive Δ^9 -THC that is commonly used in medicine. Fiber-type cannabis consisted of Cannabidiol (CBD) and almost free of Δ^9 -THC, is used in food and textile [17]. Almost 113 types of cannabinoids have been found in cannabis [18]. Δ^9 -Tetrahydrocannabinolic acid (Δ^9 -THCA) and Δ^9 THC are found mostly in drug-type plants, and cannabinoic acids are abundant in fiber-type plants [17]. Very low levels of Cannabichromene (CBC), Cannabichromenic Acid (CBCA), Cannabinol (CBN), and Cannabinolic Acid (CBNA), and two oxidative degradation products of Δ^9 THCA and Δ^9 -THC are found in aged cannabis [19-23]. These compounds act as partial agonists/ antagonists at the cannabinoid receptors, including CB2 and CB1 [24]. The receptors of CB1 are mostly concentrated on the brain and CNS, and CB2 receptors are located on the peripheral nervous system and the immune system [24].

Cannabis-based drugs exert neuroprotective, antioxidant, and anti-inflammatory effects. Use of Cannabis in folk medicine is effective against some disorders, including vomiting, nausea, and chronic pain related to chemotherapy, and spasticity due to chronic neurologic diseases [25-27]. Recent studies have indicated that Cannabis-based drugs can decrease A β synthesis, deposition, and aggregation [28-31]. Therefore, cannabis-related intervention strategies may be effective therapies in AD. The current study has been designed to systematically review the available experimental studies which discuss the impact of cannabis-based medicines in reducing the A β . Also, mechanisms related to the protective effects of cannabis against A β -induced Alzheimer's disease have been discussed.

2. METHOD

2.1. Search Strategy

In the systematic section, the methodology was established on the PRISMA. The following databases were searched from inception until 15 March 2020: PubMed, Google Scholar, Scopus, Ovid-Medline and Web of Science. The keywords related to Alzheimer's disease, amyloid beta and cannabis according to MeSH, consisted of the following: "Cannabis" OR " Cannabi" OR " Hemp Plant" OR " Hemp Plants" OR "Plants" OR "Hemp Marihuana" OR "Marijuana" OR "Cannabis indica" OR "Hemp" OR "Hempes" OR "Ganja" OR "Ganjas" OR "Hashish" OR "Hashish" OR "Bhang" OR "Bhangs" OR "Cannabis sativa" OR "Cannabinoids" OR "Cannabidiol" OR "Cannabinol" OR "Dronabinol" AND "Amyloid beta Peptides" OR "beta-Peptides, Amyloid" OR "Alzheimer's ABP" OR "ABP, Alzheimer's" OR "Alzheimer ABP" OR "Alzheimer's ABP" OR "Alzheimer's Amyloid Fibril Protein" OR "Amyloid AD-AP" OR "AD-AP, Amyloid" OR "Amyloid AD AP" OR "beta-Amyloid Protein" OR "Protein, beta-Amyloid" OR "beta Amyloid Protein" OR "Amyloid beta-Protein" OR "Amyloid beta Protein" OR "beta-Protein, Amyloid" OR "Amyloid beta-Proteins" OR "Amyloid beta Proteins" OR "beta-Proteins, Amyloid" OR "Amyloid Fibril Protein, Alzheimer's" OR "Amyloid Protein A4" OR "Protein A4, Amyloid" OR "Alzheimer beta-Protein" OR "Alzheimer beta Protein" OR "beta-Protein, Alzheimer" OR "Amyloid beta-Peptide" OR "Amyloid beta Peptide" OR "beta-Peptide, Amyloid". During the search in the mentioned databases, no restriction was considered for article language. We also hand-searched the reference section of selected articles to find more related articles.

2.2. Inclusion Criteria

The founded studies were selected with the following criteria:

- 1) Experimental studies
- 2) Reported amyloid-beta modification during the study
- 3) Language is English.
- 4) Investigation of the effect of cannabis-based drugs on amyloid-beta protein levels, gene expression, synthesis, deposition, aggregation, and degradation.

2.3. Exclusion Criteria

- 1) Not identified results and methods
- 2) Duplicated studies

2.4. Data Extraction

Three authors (B.R, T.F, and A.M.P.S) extracted the data after a careful reading of the full text of the included studies as follow: first author, publication year, Alzheimer's disease model, age, pharmacological agents, dose, route and duration of administration, amyloid-beta detection method, findings of molecular assays. Any inconsistencies in the evaluation of articles were assessed by the fourth author.

3. RESULTS

3.1. Systematic Findings

3.1.1. Article Search Findings

A total of 153 articles were obtained from all searched databases. Ninety-five duplicate articles were excluded according to title evaluation. Next, abstracts of 58 articles were assessed according to the inclusion criteria, and 17 articles were selected for further evaluation. After careful assessment of the remaining papers, 9 articles were included in the systematic review. Fig. (1) shows the PRISMA Flowchart of the literature search and strategy for the selection of relevant documents. The most prevalent reasons for exclusion of articles were lack of information on the A β modifications in the methodology section, or some of them only focused on the behavioral tests in AD models without attention directed to the role of A β . Table 1 provides a summary of the selected studies.

3.1.2. AD Models

Mice were used in four articles: Chen *et al.* 2010; Aso *et al.* 2015; Aso *et al.* 2016; and Watt *et al.* 2020 [28-31] and cell lines were used in five: Cao *et al.* 2014; Janefjord *et al.*

2014; Scuderi *et al.* 2014; Libro *et al.* 2016; and Eggers *et al.* 2019 [32-36]. Animal studies that employed transgenic mice, including APP/PS1, APP23/PS45, APPsw/PS1E9, and CB2 HET mice as AD models were: Chen *et al.* 2010; Aso *et al.* 2015; Aso *et al.* 2016; Watt *et al.* 2020 [28-31].

Among them, one study used mice 1 to 2.5-month-old: Chen *et al.* 2010 [30], and 3 other studies investigated mice between 6 to 12-month-old. Scuderi *et al.* 2014, Aso *et al.* 2015, and Libro *et al.* 2016 used N2a/APPsw cells, SHSY5YAPP+ Cells, and mesenchymal stem cells, respectively [28, 33, 36]. Eggers *et al.* 2019 and Janefjord *et al.* 2014 investigated the effect of A β 1-42 on the PC12 and SH-SY5Y, respectively [32, 35].

3.1.3. Treatment Procedures

The cannabis-based drugs were used in the selected studies, including THC (four studies), CBD (five studies), mimulone, diplacone, and cannflavin A (one study), synthetic cannabis such as Abn-CBD (one study) and HU210 (one study).

In animal studies conducted by Aso *et al.* 2015 and Aso *et al.* 2016, THC, CBD, and THC plus CBD were used [28, 29]. One animal study investigated the impact of THC [31] and one other used HU210 [30]. *In vitro* study by Cao *et al.*

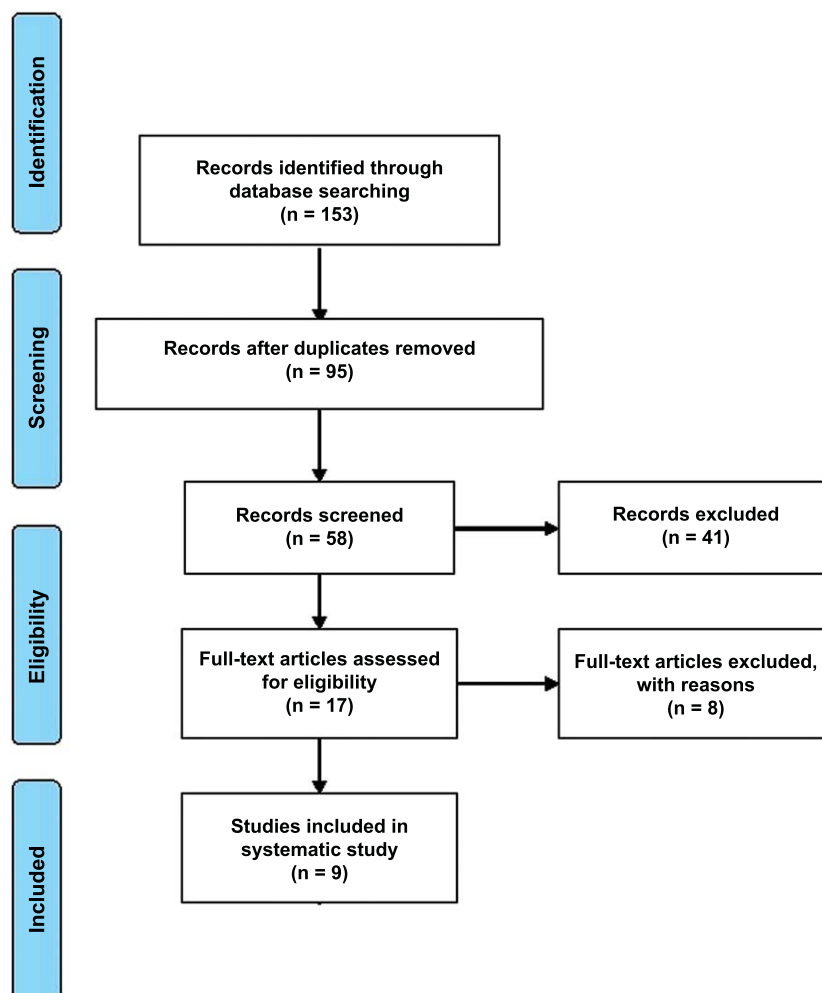


Fig. (1). PRISMA flowchart of the literature search and strategy for the selection of relevant documents. (A higher resolution/colour version of this figure is available in the electronic copy of the article).

Table 1. A summary of the selected studies.

Author	Experimental AD Model	Type, Dosage, and Duration of Cannabis-Based Drug	Findings
Aso <i>et al.</i> 2015	A β PP/PS1 transgenic mice	THC, CBD, THC+CBD; 0.75 mg/kg each; Intraperitoneal injection; once a day for 5 weeks	Significant decrease in soluble A β 42 peptide levels; change in plaques composition; reduced astrogliosis, microgliosis, and inflammatory-related molecules (more significant with THC +CBD compared to THC or CBD alone; THC + CBD produced redox protein thioredoxin 2 and the signaling protein Wnt16
Aso <i>et al.</i> 2016	CB2 HET mice	THC, CBD, THC+CBD; 0.75 mg/kg each; Intraperitoneal injection; once a day for 5 weeks	Lack of CB2 exacerbates cortical A β deposition and increases the levels of soluble A β 40; CB2 receptor deficiency had no effect on viability, memory impairment, tau hyperphosphorylation in dystrophic neurites. Cannabis-based medicines had positive effects on cognitive function
Cao <i>et al.</i> 2014	N2a/A β PPswe cell line	THC solution; 0 nM, 0.25 nM, 2.5 nM, 25 nM, 250 nM, and 2500 nM; 6, 24, 48 h	Dose-dependent reduction in A β 40 level after 6 h and 24 h; dose-dependent was conserved in A β 40 level after 48 h; prevented A β aggregation; Reduced total GSK-3 levels; enhanced mitochondrial function; no additive effect in combining caffeine and THC; No toxicity was observed
Chen <i>et al.</i> 2010	APP23/PS45 mice	HU210; 0, 10, or 50 mg/kg twice daily; Intraperitoneal injection; 10-20 days	No improvement in spatial memory; no effect on A 40 or A 42 levels; no effect on APP processing and A generation or deposition; no change in the amount of APP C-terminal fragments
Eggers <i>et al.</i> 2019	PC12 cells exposed to AB1-42	mimulone (10 μ M), diplacone (1 μ M), cannflavin A (10 μ M); 1-200 μ M; 48h	Cannflavin A and diplacone had active anti-fibrillar effects against A β ; cannflavin A (10 μ M) reduced membrane-bound Amylo-glo binding; cannflavin A and mimulone reduced the density of A β 1-42 aggregates; Cannflavin A increased cell viability and inhibited A β 1-42 neurotoxicity, reducing A β aggregate adherence to PC-12 cells; mimulone and more significantly diplacone showed concentration-dependent neurotoxicity
Libro <i>et al.</i> 2016	Mesenchymal Stem Cells	CBD; 5 μ M; 24h	Downregulated genes of tau phosphorylation and secretases involved in A generation; inhibited the expression of GSK3 by promoting PI3K/Akt signaling
Janeffjord <i>et al.</i> 2014	SH-SY5Y cells exposed to AB1-42	CB ligands; 10 μ M; 24h	Significant inhibition of ThT fluorescence over 14 h; no significant overall effect on ThT fluorescence, 2-AG altered Ab fibril morphology
Scuderi <i>et al.</i> 2014	SHSY5YAPP+ Cells	CBD; 10 ⁻⁹ -10 ⁻⁶ M; 24h	Increase the PPAR γ expression, CBD-mediated decrease in both the C83 and C99 fragments; progressive reduction of A β peptide expression in cell lysates; decreased APP expression
Watt <i>et al.</i> 2020	APPswe/PS1E9 mice	CBD; 50 mg/kg, Once daily; Intraperitoneal injection; 3 weeks	Improved social recognition memory, spatial memory, reduce insoluble A β 40 levels in the hippocampus; No effect on neuroinflammation, neurodegeneration, or PPAR γ markers in the cortex

2014, THC was used, and in the research by Eggers *et al.* 2019, they showed the impact of mimulone, diplacone, and cannflavin A [34, 35]. Libro *et al.* 2016 and Scuderi *et al.* 2014 used CBD [33, 36]. Janeffjord *et al.* 2014 used Abn-CBD, CBD, and THC [32]. The doses of CBD, THC, and HU210 in animal studies were 0.75 mg/kg once daily [28, 29], 50 mg/kg once daily [31], 10, or 50 mg/kg twice daily [30], respectively. The doses of CBD used by *in vitro* studies were 5 μ M or 10 μ M or 10⁻⁹ to 10⁻⁶ M [33, 36]. The doses of THC used by an *in vitro* study was 0.25-2500 nM [34]. The doses of mimulone, diplacone, cannflavin A was between 1-200 μ M [35]. The dose of Abn-CBD was 10 ml [32]. Cannabis-based drugs were administrated intraperitoneally in all

animal studies. Cannabis in animal studies was injected within 10 to 35 days. The cell cultures were incubated with cannabis between 6h to 48 h.

3.1.4. Laboratory Techniques for Assessing A β Modification

Several molecular assays were used to evaluate the impact of the cannabis-based drug on the A β modification including immunohistochemistry [28-30], ELISA [28-31], immunofluorescence [28, 29, 33], Quantitative PCR [28], real-time PCR [36], RNA microarray [28], western blotting [28, 30, 31, 34], Thioflavin T fluorescence [30, 32, 34, 35],

and Transmission electron microscopy [35]. These assays indicated the A β modification at the protein levels and gene expression and morphological changes.

3.1.5. Findings on the Impact of Cannabis on A β Modifications

3.1.5.1. Cannabis and A β Modifications at Protein Levels and Gene Expression

Chen B *et al.* 2010 reported that HU210 (10 or 50 μ g/kg twice daily) did not affect the A β levels in the hippocampus of APP23/PS45 mice [30]. Watt *et al.* 2020 indicated that CBD (50 mg/kg, for 3 weeks) decreased insoluble A β 40 levels in the hippocampus of APPswe/PS1E9 mice [31]. Aso *et al.* 2015 found that THC + CBD (0.75 mg/kg, once a day for 5 weeks) dramatically decreased soluble A β 42 peptide levels in APP/PS1 mice [28].

3.1.5.2. Cannabis and A β Generation and Degradation

Chen B *et al.* 2010 reported that HU210 (10 or 50 μ g/kg twice daily) did not affect the A β generation and A β Precursor Protein (APP) processing in the hippocampus of APP23/PS45 mice [30]. APP can cleave through activating of α -secretase within the A β domain for releasing preclude A β generation and soluble APP α . CBD at dose 5 μ M for 24 h decreased A β generation *via* downregulating the genes β -(BACE-1) and γ -secretases (APH1A, PSENEN, NCSTN, PSEN2, and PSEN1) that are involved in coding for the secretases in the generation of A β in CBD-GMSCs, and also genes upregulated coding for the involved enzyme in A β degradation (IDE, ECE1, and ACE1) [36]. Janefjord *et al.* 2014 indicated that THC, CBD, and Abn-CBD did not affect the A β fibril formation and morphology in SH-SY5Y exposed to A β 1-40 [32].

Scuderi *et al.* 2014 found that CBD (10⁻⁹ to 10⁻⁷ for 24 h) reduced the expression of APP and A β in SHSY5YAPP+ Cells [33].

3.1.5.3. Cannabis and A β Deposition and Aggregation

Cao *et al.* 2014 indicated that THC (2500, 250, 25, 2.5, and 0.25 nM) prevented A β aggregation dose-dependently by direct interaction with A β in N2a/APPswe cells [34]. Chen B *et al.* 2010 reported that HU210 [10 or 50 μ g/kg twice daily) did not affect the A β deposition in the hippocampus of APP23/PS45 mice [30]. Eggers *et al.* 2019 studied the effects of mimulone, diplacone, cannflavin A, flavonoids of cannabis, at doses between 1-200 μ M on the A β aggregation in PC12 exposed to AB1-42. Among them, cannflavin A (10 μ M) abrogated A β aggregation by decreasing membrane-bound Amylo-glo binding and also decreasing the density of A β 1-42 aggregates [35].

Aso *et al.* 2015 reported that THC + CBD (0.75 mg/kg, once a day for 5 weeks) changed A β plaque composition [28]. They also found that THC + CBD (0.75 mg/kg, once a day for 5 weeks) could not change A β plaque composition and deposition in CB2 deficiency APP/PS1 mice [29]. It indicates the role of CB2 receptor in the protective impact of the combination of THC+CBD. However, no significant differences were seen in the tau phosphorylated levels at the

Thr181 site in the vicinity of A β plaques in CB2 receptor deficiency and treatment groups and other APP/PS1 mice [29].

3.2. Mechanisms Related to the Protective Effects of Cannabis Against A β -Induced Alzheimer Disease

Several studies showed an association between A β deposition, oxidative stress, apoptosis, and inflammation associated with AD [37-39]. Here, we discuss the beneficial impact of cannabis on the involved mechanisms of A β -induced AD. One of the primary critical pathologies of AD is microglial activation. Microglia, resident macrophages of the brain, has dual functions in the central nervous system. Under physiological conditions, microglia can protect the central nervous system against pathological events. In AD, overstimulation of microglia induces inflammatory cascades typically in patient's brains, leading to neurodegeneration [40-42]. The number of activated microglia is decreased following the A β removal [43]. Thus, pharmacological agents with inhibitory effects on microglial activity may be a suitable strategy for mitigating A β -induced neurotoxicity. In this context, several cannabinoids were effective against A β -induced activation of microglial, resulting in a reduction in the synthesis and release of NO [44] and TNF- α [45]. Cannabinoids (CBD, HU-210, WIN55, 212-2) inhibited A β -induced activation of microglia dependent on their CB2-selective agonist activities. This event is not related to its antioxidant activity [43]. Due to the leading role of cannabinoid receptors in the pathogenesis of AD, cannabinoids are active agents to prevent the AD process [32, 46]. Synthetic cannabinoids such as JWH-015 have been found to increase the phagocytosis of A β by mouse microglial cells [47] and promote the removal of A β from human tissue sections at low doses [48]. CBD was effective against A β induced oxidative stress and apoptosis in PC12 [49, 50]. CBD has anti-inflammatory activity in A β -treated neuronal cells. CBD blocked NO production (the stable metabolite of NO) in PC12 cells exposed to A β . The elevated NO content induced by A β generated by the inducible NOS isoform (iNOS) in PC12 was decreased by CBD treatment. Abnormal A β disposition in AD induces oxidative stress in AD [51], which is a key signal for an overstimulation of pro-inflammatory cytokines [52, 53]. Oxidative stress stimulates the "mitogen-activated protein kinases (MAPK) [54, 55]; among them, p38 MAPK plays a vital role in AD [56]. It was indicated that CBD decreased the phosphorylation of p38 MAPK that is involved in iNOS gene expression in rat glial [57]. CBD also blocked NF- κ B activation induced by A β in PC12. CBD showed anti-apoptotic activity evidenced by a decrease in Bcl-2 overexpression in PC12 exposed to A β [49] through inhibition of p38 MAPK and NF- κ B. CBD significantly decreased iNOS protein expression and NO levels through suppressing p38 MAPK activity in A β -induced PC12 cells. Oxidative stress may be the main pathway involved in the AD pathogenesis, which causes other cascade of AD events [58], thus antioxidants may be effective in AD. PC12 cells exposed to A β showed elevated ROS levels and lipid peroxidation [49, 59, 60]. CBD could decrease A β -induced ROS over-production and lipid peroxidation due to antioxidant effects [61]. It has been found that CBD reduced the oxidative stress induced by retinoid anhydroretinol in lymphoblastoid cells [62] and blocked hydrogen

peroxide-induced oxidative stress in neuronal cells [63]. CBD may potentiate the endocannabinoid action at CB1 receptors by inhibiting the uptake and the enzymatic degradation of the endocannabinoid anandamide [64]. Although, endogenous cannabinoids including noladin and anandamide were effective against A β -induced toxicity *via* activation of CB1 receptors in human teratocarcinoma cells but, the antioxidative effect of cannabidiol was a non-CB1 mediated protective effect of cannabinoids [65-67]. A β -induced neurotoxic effects in PC12 cells are related to an elevation in [Ca²⁺] as a result of a free radical-mediated process and this effect may be blocked by antioxidants [68].

CBD decreased A β -induced elevation in [Ca²⁺]_i, which confirmed its antioxidant activity [63]. Apoptosis is accompanied by the activation of the caspase [69]. CBD elevated pro-caspase 3 levels and reduced caspase 3 levels in PC12 cells exposed to A β , as evidenced by decreasing DNA fragmentation, showing that CBD has anti-apoptotic effects [70]. The impact of CBD on APP processing has been investigated by using transfected human neuroblastoma SHSY5YAPP+ cells [33]. CBD induced ubiquitination of APP and decreased A β peptide expression in cells, leading to lower apoptotic events [65]. The Peroxisome Proliferator-Activated Receptor- γ (PPAR γ) antagonist inhibited these impacts of CBD, while α -, β - and γ -secretases involvement were ruled out. PPARs are ligand-activated transcription factors that consist of three isoforms (α , β/δ , and γ). Under physiological conditions, PPAR γ receptors are expressed at low levels but an increase in pathological conditions such as AD [71]. It was found that activation of PPAR γ resulted in APP expression [72] and increased the removal of A β [73]. CBD may

exert a beneficial effect on the amyloidogenic pathway through a mechanism involving PPAR γ [63].

Activation of PPAR γ suppressed the gene expression of inflammatory cytokines *via* the inhibition of NF κ B [74]. CBD binds to PPAR γ , leading to the induction of PPAR γ -related transcriptional activity [75]. CBD also blocks the A β -mediated expression of the NF κ B p50/p65 complex, suppressing the NF κ B pathway related to PPAR γ [76]. The inhibition impact of CBD on NF κ B causes a decrease in the levels of iNOS, GFAP, IL1 β , TNF α , and S100B in A β -exposed rats [76]. PPAR γ agonists have also been shown to reverse A β -mediated depression of LTP and cognitive processes in rat hippocampal slices [77]. Acute application of A β inhibited Long-Term Potentiation (LTP) and cognitive processes in the hippocampus of rats due to caspase-3 activation, Akt cleavage and increased activation of Glycogen Synthase Kinase 3 β (GSK3 β) [78]. Inhibition of early LTP induced by A β -mediated activation of GSK3 β can be reversed by CBD [78]. CBD also attenuated A β -induced an elevation in the caspase-3 activity [50, 79], through improving mitochondrial function. β -catenin is triggered by PPAR γ to modulate anti-inflammatory gene expression. The stimulatory effect of CBD on inhibited β -catenin by A β suggests a regulatory role of CBD in the Wnt signaling pathway [80]. PPAR γ stimulation reduced the activity of GSK3 β [81], leading to improved LTP. An interaction between CBD, PPAR γ , and the Wnt/ β -catenin pathway showed a significant role in the protective impact of CBD in AD [82]. CBD raised Wnt/ β -catenin by induction of PPAR γ and inhibition of A β production. CBD also decreased mitochondrial dysfunction and ROS production associated with amyloid aggregation [82].

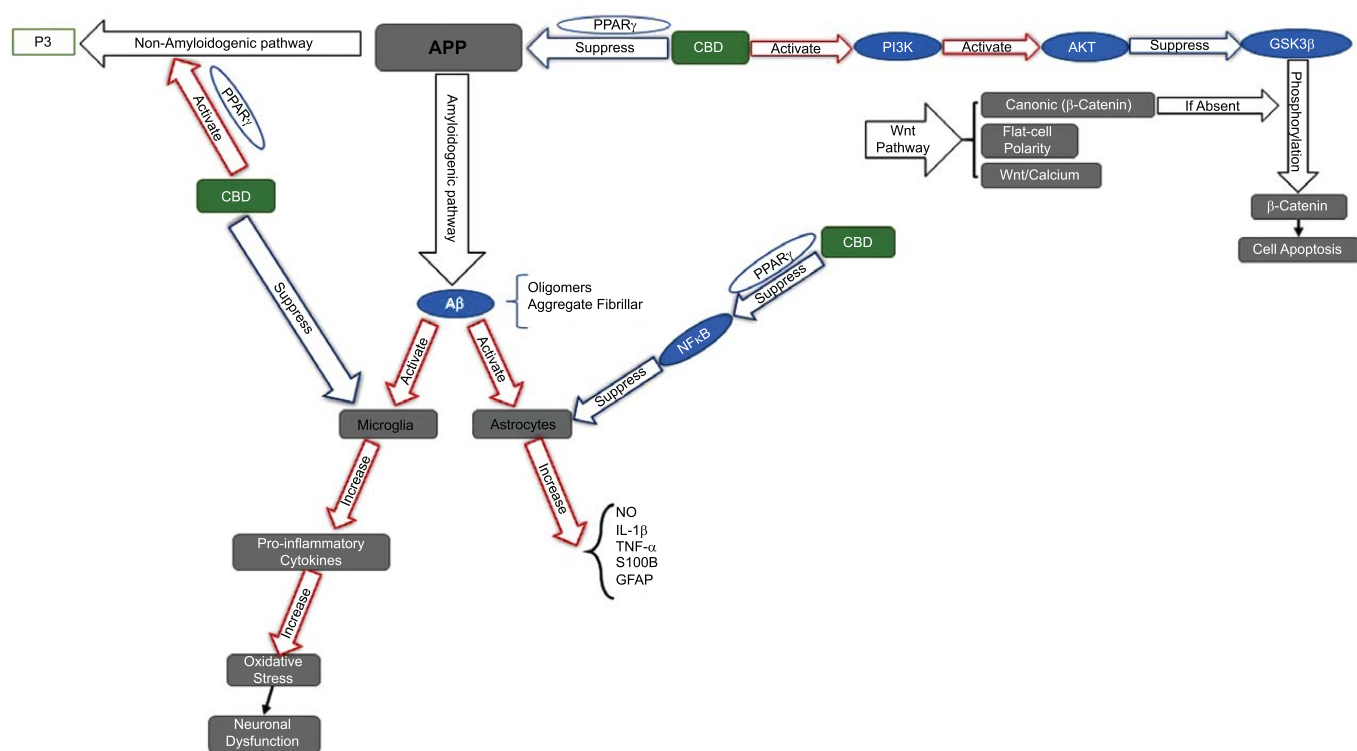


Fig. (2). Schema of interaction between Cannabis-Based Drugs (CBDs) and A β pathway-induced Alzheimer's disease. (A higher resolution/colour version of this figure is available in the electronic copy of the article).

The Wnt pathway consists of the Wnt/ β -catenin or canonical pathway, Wnt/Jun N-terminal Kinases (JNK), and the Wnt/calcium pathway. $A\beta$ can affect the Wnt pathway both indirectly or directly through binding to the extracellular domains of the frizzled receptor protein blocking the Wnt/ β -catenin pathway [83]. CBD decreased tau protein hyperphosphorylation in AD *via* Wnt/ β -catenins pathway rescue in PC12 cells exposed to $A\beta$ -treated [80]. PI3K/Akt signaling also played a crucial role in AD pathogenesis by phosphorylating tau and inducing $A\beta$ generation [84]. It has been indicated that cannabinoids can regulate the PI3K/Akt/GSK3 β pathway [85, 86]. CBD prevented $A\beta$ deposition *via* the activation of the TRPV1 channel, a calcium-permeable channel, and interact with PI3K [87]. TRPV1 activation by CBD can effect the PI3K/Akt signaling, leading to the inactivation of GSK3 β *via* the phosphorylation at serine-9, resulting in decreased tau phosphorylation and $A\beta$ generation [36]. Cannabidiol blocked $A\beta$ -induced tau protein hyperphosphorylation in PC12 cells, leading to a decrease in the Neurofibrillary Tangles (NFTs) production, an important hallmark of AD [80]. This impact was related to a decrease in p-GSK3 β [80].

CBD can also increase brain-derived neurotrophic factor (BDNF), resulting in combat against excitotoxicity and neuronal plasticity; all of these processes have a main role in AD [88-90]. However, there is yet no study about the effect of CBD-induced BDNF on the pathological processes of AD. In addition, there is not enough evidence about the impact of CBD on autophagy signaling, which has a role in AD pathogenesis [91]. The disruption of these processes leads to the deposition of aggregated proteins, changed the mitochondrial function that might exacerbate the AD process [91]. Until now, one study has indicated the stimulatory effects of CBD on autophagy in a tauopathy model [92]. CBD can also regulate cerebral blood, including vasodilatation of brain blood vessels flow and elevation of cerebral blood flow that contribute to its protective effect against AD [93-95].

Fig. (2) indicates mechanisms related to the protective effects of cannabis against $A\beta$ -induced AD. CBDs activate PI3K/Akt, resulting in the suppression of GSK-3 β activity, which leads to the decrease of apoptosis in AD. CBDs act *via* PPAR gamma activation and stimulate the ubiquitination of APP, leading to inhibition of $A\beta$ formation. Inhibition of $A\beta$ decreases the activation of microglia and astrocyte, which leads to the diminishing of inflammation and oxidative stress in AD. AD, Alzheimer's disease; APP, amyloid precursor protein; CBDs, cannabis-based drugs; GSK-3 β , glycogen synthase kinase3beta; PPAR γ , peroxisome proliferator-activated receptor-gamma; PI3K-Akt, phosphatidylinositol 3-kinase-protein kinase B

CONCLUSION

AD is the most common cause of memory impairment, and it is estimated that the morbidity rate of AD will reach 1 in every 85 people worldwide in 2020. According to the high burden of AD, suitable treatments should be found to delay the onset of AD and prevent its progression. Today, several experimental studies have been focused on the therapeutics agents inhibiting the toxic impact of $A\beta$ in the AD pathophysiology. Several studies also indicated the protective ef-

fects of natural agents against the $A\beta$'s influence in the AD. Unluckily, present therapeutic agents can decrease AD symptoms, without inhibiting its progression. The findings in the current systematic investigation propose that cannabis-based medicine could be able to reduce AD symptoms and prevented the progression of AD by modulating an amyloidogenic pathway. We found that cannabis agents, particularly CBD and THC with different doses of 0.75 mg/kg to 50 mg/kg for 10 to 21 days, decreased $A\beta$ at the protein levels and gene expression, deposition, and aggregation.

However, there is concern about the prescribing of cannabis derivatives in medicine due to psychoactivity of some of them, particularly Δ^9 -THC, that may impair memory mainly through CB1 receptors after long-term use [96]. However, the therapeutic effects of cannabis derivatives should be separated from the negative effects of Δ^9 -THC on cognitive function associated with recreational use [97].

Although MTT assays confirmed the safety of cannabis drugs, more in-depth animal studies are needed to find the outcome of long-term cannabis therapy and to understand the adverse effects of cannabis. When these data are provided, the pre-clinical findings could be realized as cannabis is safe for human use. Finding the pharmacology of cannabis-based drugs in more detail will be useful for confirmation or rejection of these agents for AD therapy. Finally, more animal studies should be designed to determine useful doses and duration of treatment with cannabis-based drugs on the modulation of $A\beta$ without toxic effects.

AUTHORS CONTRIBUTIONS

Tahereh Farkhondeh, Fariborz Samini and Saeed Samarghandian designed the study. All authors wrote the manuscript and designed tables and figures. Saeed Samarghandian, Omid Mehrpour, Michael Aschner, and Haroon Khan revised the manuscript. Ali Mohammad Pourbagher-Shahri, Babak Roshanravan, and Hamed Aramjoo obtained data.

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CONFLICT OF INTEREST

The authors declare no conflict of interest, financial or otherwise.

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